

# Teacher, Teacher Can You Teach Me? Becoming Better Educators

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### Objectives

Let's have some fun!

Look at teaching Infection Prevention and Control

Look at effective educational methods we can all use

Let's have some fun!



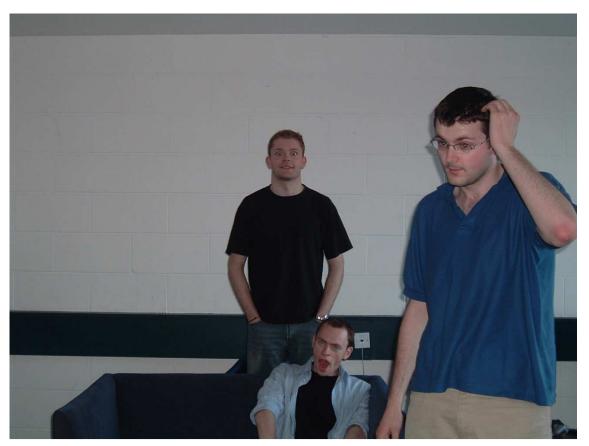
### What Don't We Want To Do?



www.i-am-bored.com









### Adult Education

Learning retention increases when immediate application follows instructions

I need a volunteer!

And a mask....



### Bloom's Taxonomy

#### Cognitive Learning (Knowing/Head)

Recall, application, analytical levels of knowledge

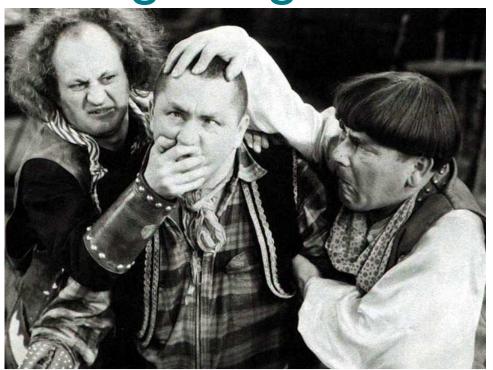
#### Affective Learning (Feeling/Heart)

New attitudes, values, beliefs, and ways of feeling

#### Psychomotor Learning (Doing/Hands)

Performance of new skills or new ways of performing







#### **Awareness**

- Learner perceives need to think, feel, or act differently
  - Why am I here?

#### **Data Gathering**

 Curiosity increased as the learner seeks to understand and explore learning need



# Curious?





- Intellectual insight
  - Learner weighs advantages and disadvantages of the alternatives and conducts mental "trial or practice runs" (cognitive learning)
  - Analyzes Information







#### Emotional insight

 Practice new behavior in real situations; can be time of conflict, trying to get it to "feel right" (affective learning – new values, insights)

- Behavioral Change
  - New knowledge becomes a part of learner's way of thinking, feeling, and behaving.

This?



Or This?





### So?

Not sure, but needed to sound scientific!

Appealing to the analytical!

We have to know our learners, sort of...

We have to appeal to them on an emotional level

We have to give them something they can use immediately

We have to involve them in the learning



### **WARNING!**

#### Infection Prevention and Control Lectures can lead to:

- Coma
- Narcolepsy
- Uncontrolled boredom

#### OR

Changes to practice to protect patients/clients and staff!



### Jim's Presentations

My terminology does not change that much based on audience

Student Nurse Story

Try to give your groups examples they can relate to:

Housekeeping and CDI



### What Works for Me

#### **Story Telling**

- More and more research into using this as a teaching modality
- Sharing examples we have seen, heard about, stolen from!
  - EMS story...



### Real Life...

How to communicate the significance of nosocomial infections on the healthcare system?

Permission of Paul Webber from Webber Training



### In Canada – Nosocomial Infections

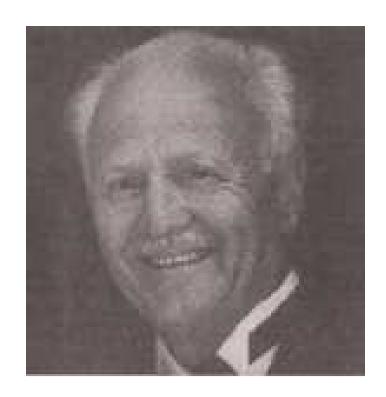
Significant when we consider that in Canada you stand a 1.43% risk of infection per day of hospitalization

After 1 week, 10% chance!

An estimated 250,000 infections per year 8,000 – 12,000 deaths per year



### Meet: David Milne





### **David**

A very kind person, one you got to know quickly
Long service pilot in the Canadian Air Force who
understood risk and how to balance that with skill
Wife and two daughters who followed him from posting to
posting



### An Obituary

...after a battle with hospital acquired infections...

...a series of hospital acquired infections set back his progress and ultimately caused his premature passing.

...urge healthcare workers everywhere to clean their hands before and after every patient contact.



### In Canada

Costs to the healthcare system of 1.5 *billion* dollars annually

Costs to families... we can't price!



### Effect?

That is real
That is not a statistic
It is pretty heavy!



### Cost

Treating a UTI - \$70

Treating an MRSA blood stream infection - \$27,000

Losing a patient to a preventable infection – immeasurable



### Okay...Some Practical Hints

I have been in front of learners for over 28 years I have been in front of audiences for over 47 years!



# High School - 1974





# University - 1976

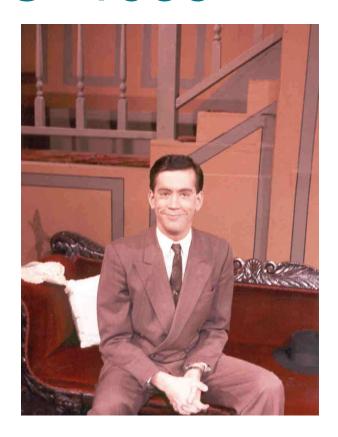


# Calgary 1983





### Nelson BC -1986



# Kingston ON - 2003









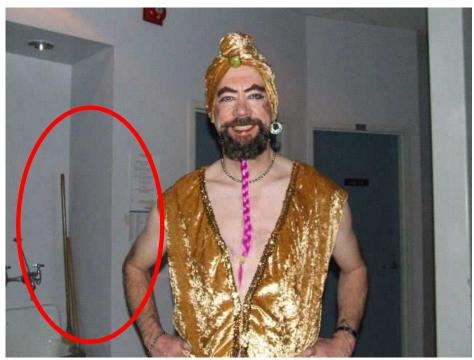






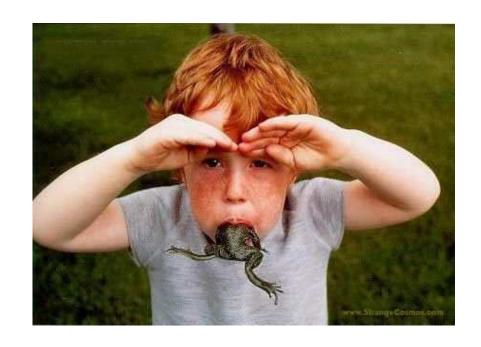






### Humour

- Must be careful:
  - We are not all funny!
- You don't have to start with a joke!
  - But if you do...keep it nonoffensive





### Humour

- Use "light" pictures
- Routine Practices
  - Risk of transmission





### How to Get Invited Back

Send in your presentation when they ask for it

Or at least by the second request!

Provide objectives when asked

Fill out speaker requirement form

- If you need a lapel mike, make sure they have one!
- If you need sound, let them know well ahead!



# Slide Layout Hints

Check what version of PowerPoint the organization would like

Use only the top two-thirds of your frames

- Many rooms will have the screen too low
- Bottom of screen should be 4' from the floor

More to come!



How Big is Your Font?	44
Check your presentation	24
Measure the height of your screen in inches, stand back from your screen approximately 6x that height in feet (or 2x in meters)  Image from back of auditorium	18
<ul><li>Watch bullets</li><li>Because they get too small to see</li></ul>	16 14
» So don't go here!	12



# Preparation

#### Know your audience

- And who might be in it...
  - Embarrassing Doc stories...

#### Know your room and podium

- Applies to smaller spaces also
- What do you have to do to see your slides?

#### **Check Acoustics**

Know the computer, clicker, laser pointer



# Preparation

Relax!

Breathe!

Warm up both body and voice!

• Hum

#### Stay sober!

- Hangovers are not a good way to get up for a presentation
- Watch how much you talk the night before



# Preparation

#### Hydrate

- Keep water available
- USE IT!

#### Lozenges

- If needed, keep small
  - Fisherman's Friends
  - Hall's





### The Presentation

Be on time
Be prepared
If possible, attend previous presentations

#### Never start with an apology!

- Shows the audience you don't care
- I can be flexible on this Voice issues

Admit to being nervous!



### PowerPoint<sup>©</sup>

#### Rule of 6

- 6 words per line
- 6 lines per slide
- A picture every 6 slides

# Approximately one slide per minute

 Varies on presentation and story telling!

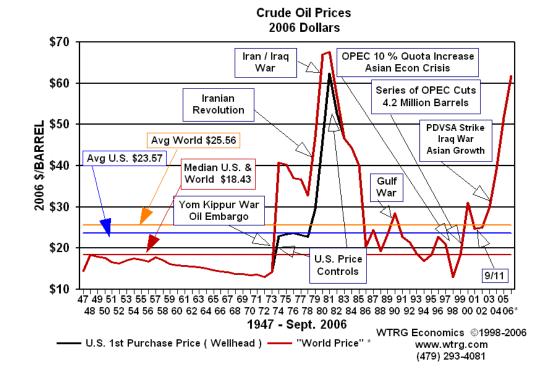
#### Use slides as a grounding

I wander a bit!



### PowerPoint<sup>©</sup>

Not too busy!





### PowerPoint<sup>©</sup> Animation

Take it easy!

Play a bit

But just a bit

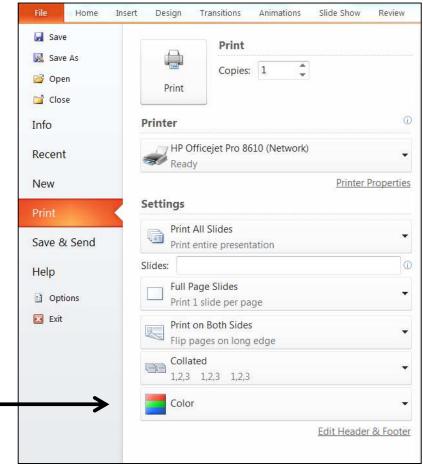
Take a course



# Careful of backgrounds Careful of printing

 Use Black and White or Grey Scale choice







### The Presentation



Have your wireless microphone attached so when you look at your screen, you are facing the mike

Same issue with podium or fixed microphones, move your head!



### The Presentation

#### Two Screens

- Use both randomly for pointer
- Use computer pointer



You are boring?

• Oops, monotone?

Take a course in public speaking (Toastmasters)

Practice!

Try not to read all your PowerPoint slides (Rule of 6) or Speaker Notes



#### You "blush"?

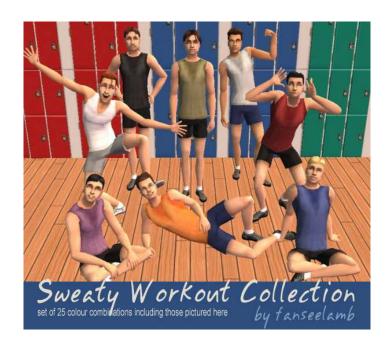
- Wear a red blouse, sweater or shirt (not all three!)
- Hides the blush, quite nicely





#### You Sweat:

- Layer your clothing
- Tight undershirt
- Looser, formal shirt, blouse, etc.
- Jacket if it does not make you hot





#### You verbally stumble?

- Don't draw attention to it!
- We all do it in normal conversation
- If you really screw up: shrug, blame it on the night before and keep going!



#### You Shake?

- Hold podium for dear life!
- Use two hands to drink
- Balance laser pointer on a firm object!



#### Your audiovisual fails?

- Have speaker notes or handouts to work from
- Make the best of it
- Always bring a copy of your presentation on a memory stick
- Remember "Elmo"



#### Someone falls asleep

- Don't worry about it
- We all have lives
- You can't predict what someone did last night
- If it is college/university students instructor may want to know!



People leave?

Could have TB

Tiny Bladder

An appointment



### This Could Be A Problem



environmentalgeography.wordpress.com



csclv.nevada.edu



# For Something Different

#### Don't use a PowerPoint

Go a cappella!

Start with, "I'm tired of my usual presentations...what do you want to talk about?

- Allow lots of questions
- What is bugging them
- LISTEN!



### When all is said...

#### Use evaluations

Learn from them!

Ask for further ideas

Take all your stuff with you

Including water!





### Be Inventive!



Bird Flu Casualties





# Analogies

A comparison between two things, typically for the purpose of explanation or clarification

Dictionary.com



#### Resistance to Antibiotics

Naturally occurring (genetic)

#### Acquired:

- Genetic mutation
- Transfer of resistance from another bacterium (plasmid)

Are only effective on bacteria





Resistance to antibiotics does not correlate with resistance to disinfectants

(Rutala 1997, Weber 2006)



# Antibiotics – Lock and Key









### Antibiotic Resistance



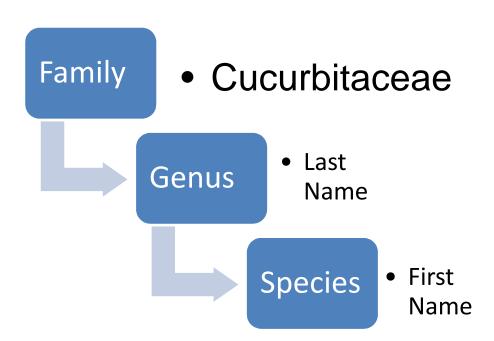


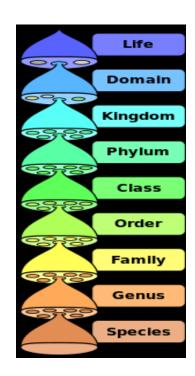
# **Analogy for Antibiotics**

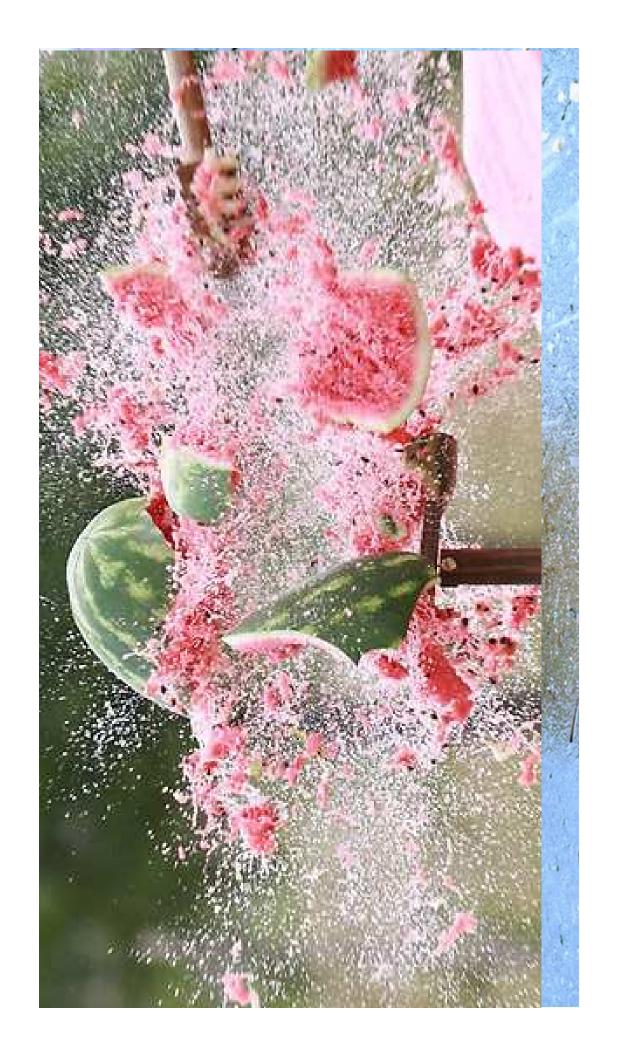




### The Family Tree

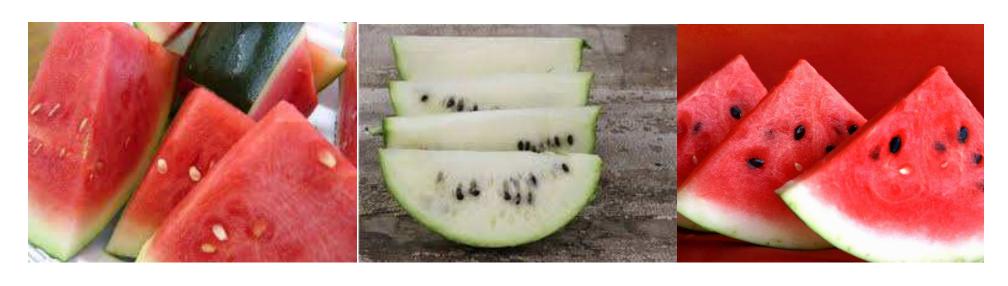








### **Genetic Mutations**



Watermelon yum

Watermelon ESBL

Watermelon CRE





# Summary

We have to meet the needs of our learners
We have to give them something they will use immediately

- SARS during good info
- SARS after useless info!
  - I had trouble doing "just in case" lectures!

Keep it light, relevant Have fun!



Tune of I'm a Believer





My poor hands were sore and red from washing them

Seemed the soap we used just ate them up

Alcohol was out there

I just got some in

I needed something new to save my skin



And now I squirt my hands

And I'm so much cleaner

Not a bug, is left on my skin

Alcohol:

It made my skin soft, it did not rip off everyday



I assumed that everyone was washing them Nurses, doctors and the other staff
Then we had the outbreak
In everyone it seems
MRSA haunted all my dreams



And now I squirt my hands

And I'm so much cleaner

Not a bug, is left on my skin

Alcohol:

It works much quicker, I don't need to dicker with a sink



Alcohol was out there

I just got some in

I needed something new to save my skin



And now I squirt my hands

And I'm so much cleaner

Not a bug, is left on my skin

Alcohol:

It works much quicker, I don't need to dicker with a sink



# Questions?





### References

APIC Text of Infection Control and Epidemiology Online 2017 Chapter 3

Jim Gauthier, Life Experience

One Heck of a Ride!

james.gauthier@sealedair.com

A guide to successful presentations

https://bcpsqc.ca/blog/knowledge/a-guide-to-successful-presentations/